

Cover Level		Level 1	Level 2	Level 3	Level 4
Routine Dental Treatment yearly maximums	per adult	£50	£100	£150	£200
	per child	£25	£50	£75	£100
Dental Accident & Injuries yearly maximums	per adult	£200	£250	£300	£350
	per child	£25	£50	£75	£100
Optical yearly maximums	per adult	£50	£100	£150	£200
	per child	£25	£50	£75	£100
Special Consultations and Diagnostic Tests yearly maximums	per adult	£100	£225	£350	£450
	per child	£50	£112.50	£175	£225
Best Doctors® InterConsultation® advice for people diagnosed with a medical condition.		✓	✓	✓	✓
Complementary Therapies yearly maximums* covering physiotherapy, osteopathy, acupuncture & chiropractic assessment & treatment	per adult	£100	£175	£250	£325
	per child	£50	£87.50	£125	£162.50
Alternative Therapies yearly maximums* covering allergy testing, homeopathy, reflexology, Bowen & Alexander technique, indian head massage, reiki & hypnotherapy	per adult	£25	£50	£80	£120
	per child	£10	£25	£40	£60
Chiropody yearly maximums*	per adult	£10	£25	£40	£60
Hospital Stays up to a combined 20 days/nights per annum excludes first night or single night stays	per adult	£16	£25	£35	£50
	per child	£8	£12.50	£17.50	£25
Birth of a Child includes the adoption of a child under the age of three years	per baby	£125	£200	£275	£350
Personal Accident Cover maximum sum covered For a full breakdown of cover see the Personal Accident Group Policy document available on request or via the Medicash app. Cover ceases on your 66th birthday.	per adult	£10,000	£15,000	£24,000	£36,000
	per child	£8,000	£12,500	£20,000	£30,000



Download the **Medicash app** to submit your claims in seconds, update your details, add children and access all of the following benefits of your plan.

mProve YOURSELF App
Improve your body & mind with a range of wellbeing tools and exercises.
- access via the app

DISCOUNTED GYM

Save at over 3,500 gyms, health clubs, yoga studios or boot camps.
www.medicash.org/gymdiscount
(Login: MED) or access via the app

24/7 HEALTH & STRESS HELPLINES

Unlimited telephone counselling & support when you need it most.
Call 0345 565 1851 or visit:
www.medicash.org/wellness

VIRTUAL GP

Unlimited phone or digital GP consultations on a Pay As You Go basis for employees.
- book via the app

MEDICASH EXTRAS

Exclusive discounts, great deals and cashback on shopping, travel and more.
- access via the app or visit:
www.medicash.org/extras

FREE COVER FOR UP TO FOUR CHILDREN: Up to four dependent children can be covered at no extra cost, if under the age of 16 or 19 if in full time education. Each child has their own individual entitlement and their claims do not affect any other individuals on the policy.

A 12 month qualifying period applies to the Birth of a Child benefit and pre-existing conditions for Hospital Stays are not covered for three years from the start of your policy. These qualifying periods also apply to upgrades, during which time your claim will be paid at the lower rate where applicable.

* Medicash do not cover worksite based treatments organised through your employer or fellow employees for these benefits.

To access Best Doctors call 0345 565 1852* or visit www.medicash.org/bestdoctors.

Calls to 03 numbers are no more expensive than calling numbers starting with 01 or 02 and are included in free call packages from landlines and mobiles.